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| Step 7—Humbly asked God to remove our shortcomings  7C—Remove our shortcomings | | | |
| The removal of our shortcomings is not a getting rid of something. Instead, it is a transforming of something that is distorted into something far nobler.  Nearly every Character Defect is a normal human impulse that is distorted either by how it is used or towards whom it is directed. We find new, noble uses of those human impulses by changing how we use them (the expression) and by directing them towards other people (the focus).  Which of the following do you relate to and why? | | | |
| **Character Defect** | **Human Impulse** | | **Alternative Noble Character Traits** |
| **Pride** | **Sense of Self** | | **Leadership** |
| **Greed/Envy/Lust** | **Wanting** | | **Providing for others/teaching/Charity** |
| **Self-Righteousness** | **Seeing the better** | | **Inventor/Governance/Leader** |
| **Rage** | **Fear** | | **Courage/building up others** |
| **Selfishness** | **Identity** | | **Identifying with group/Self Interest** |
| **Sloth** | **Conservation of effort** | | **Creativity** |
| **Gluttony** | **Meeting needs** | | **Self-Care/ Providing for family & clan** |
| Many of us have some that are the mirror opposite. Which are at work in my life? | | | |
| **Pride** | | **Excessive submission** | |
| **Greed** | | **Avoidance** | |
| **Self-Righteousness** | | **Denial of ambition / lack of self-care** | |
| **Rage** | | **Denial of anger** | |
| **Selfishness** | | **Poverty and excessive giving to others** | |
| **Sloth** | | **Overwork** | |
| **Gluttony** | | **Anorexia** | |